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at

The Louisa Centre, Stanley 4th – 5th December 2021

<u>Saturday</u>			<u>Sunday</u>			
Session 1			Session 3			
Warmup 8:00	Start 9:00		Warmup 8:00	Start 9:00		
Event 101 Boys	10/Ov	200m Butterfly	Event 301 Girls	10/Ov	200m Butterfly	
Event 102 Girls	9/Ov	50m Freestyle	Event 302 Boys	9/Ov	50m freestyle	
Event 103 Boys	9/Ov	100m Breaststroke	Event 303 Girls	9/Ov	100m Breaststroke	)
Event 104 Girls	9/Ov	200m Backstroke	Event 304 Boys	9/Ov	200m Backstroke	
Event 105 Boys	9/Ov	100m Butterfly	Event 305 Girls	9/Ov	100m Butterfly	
Event 106 Girls	9/Ov	50m Breaststroke	Event 306 Boys	9/Ov	50m Breaststroke	)
Event 107 Boys	12/Ov	200m IM	Event 307 Girls	12/Ov	200m IM	
Session 2			Session 4			
Warmup TBA			Warmup TBA			
Event 201 Girls	9/Ov	200m Breaststroke	Event 401 Boys	9/Ov	200m Breaststroke	)
Event 202 Boys	9/Ov	50m Backstroke	Event 402 Girls	9/Ov	50m Backstroke	
Event 203 Girls	9/Ov	100m Backstroke	Event 403 Boys	9/Ov	100m Backstroke	
Event 204 Boys	9/Ov	100m Freestyle	Event 404 Girls	9/Ov	100m Freestyle	
Event 205 Girls	9/Ov	200m freestyle	Event 405 Boys	9/Ov	200m Freestyle	
Event 206 Boys	9/Ov	50m Butterfly	Event 406 Girls	9/Ov	50m Butterfly	
Event 207 Girls	9/11	100 IM	Event 407 Boys	9/11	100 IM	

### <u>This is a FIRST COME, FIRST SERVED gala.</u> Entries open 8am, 22 October 2021

THIS MEET WILL RUN UNDER THE POOL OPERATOR COVID-19 GUIDANCE IN PLACE AT THE TIME OF THIS MEET



### **Meet Conditions**

- 1. Held under ASA Laws & ASA Technical Rules.
- 2. Meet to be held at The Louisa Centre, Stanley the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available.

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- 3. Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only.
- 4. Entries open 8am, 22 October 2021 "FIRST COME FIRST SERVED!" Entries will be accepted until such time as each session is full, and the meet will then be closed.
- 5 Swimmers will be permitted to compete for only one club during the meet.
- 6. If necessary, entry times should be converted to 25m pool times by use of ASA Conversion Tables.
- 7. Entry times must be no faster than the accompanying QTs and should be from Rankings or a training time If there is <u>NO</u> time entered, <u>the swimmer will be rejected from the event.</u>
- 8. Ages are as at **31**<sup>st</sup> **December 2021**.
- 9. Age groups/Events will be:

9 years: 50m, 100m and 200m form strokes (excluding 200m Butterfly & 200IM), 100m IM; 10/11 years: 50m, 100m and 200m form strokes, (excluding 200IM) 100m IM; 12/Over years: 50m, 100m and 200m form strokes, 200m IM; (excluding 100IM) All events will be Heat Declared Winner by Age Group (see item 14).

- 10. Entry fees: £6.00 per swim. (No Poolside Entries will be accepted).
- 11. A Poolside pass will cost £20.00 Weekend/£10 Day which includes programme, start sheets and refreshments; Coaches and Team Managers will **NOT** be permitted on poolside without the necessary pass.
- 12. Entries must be submitted on the Entry Manager file or by email and must include the swimmer's full date of birth and ASA number.

Sportsystems Entry Manager file should be emailed to abigailbutler@hotmail.com

For **Online payment details**, please see summary sheet. A valid email address must be supplied for entry confirmation.

Any **Paper entries, Summary sheets or cheques for entry fees** should be posted to: --Kevin Hughes, 2 Meadowfield Way, Tanfield Lea, Stanley, Co Durham, DH9 9PG.

Cheques should be made payable to "Derwentside ASC" - Please include a Self-Addressed Envelope for entry confirmation.



13. Heats will be seeded by submitted entry times from slowest to fastest all heats will be spearheaded.

The organisers reserve the right to limit entries. If the event is oversubscribed, entries will be rejected from the slowest entries fairly across all age groups to ensure completion of the meet within the scheduled timescale of 3 hours and meet Covid restrictions in place at that time.

14. Awards will be made to the first six in each age group: 9, 10 & 11; the first three in 12, 13, 14 and 15/Over.

Awards for the first three disability swimmers will be made in each event. Positions are determined based on relative Multi-classification points rather than time.

- 15. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
- 16. Swimmers are NOT allowed to wear Watches, Fitbits or any other Timing devices.
- 17. Disability swimmers:
  - a. Swimmers with a disability shall swim under IPC Rules;
  - b. Qualifying times for disability swimmers are not required, however qualifying time shall be submitted for seeding of heats;
  - c. Poolside passes will attract the advertised fee and chaperones and personal care assistants must conform to the Swim England Child Protection Procedures and hold a current DBS Certificate: please advise the club in advance if any swimmer requires support to get changed so a changing room pass can be arranged.
  - d. The competition format will be based on disability inclusion within the able-bodied programme there will be no separate events for disability swimmers;
  - e. Disability swimmers will be included in the results for their age group.
- 18. Admission of Spectators will be in accordance with The Pool Operator COVID-19 Guidance in place at the time of the meet and MAY BE restricted.

Admission for spectators will be: -

£4 a session or £6 per day

£12 Weekend pass (includes programme)

£2 Programme, 50p start sheets per session.

Concessions - £3 a session, £4 per day or £8 Weekend pass (includes programme)

<u>Children 12 and under</u> -accompanied by adults, will be admitted free.

Admission for Spectators can be made via payment card, our preferred payment method.



- 19. The use of image-capturing equipment (Still or Video) during the meet in the pool, changing and spectator area for any reason, including educational, is **STRICTLY FORBIDDEN**. Anyone found acting contrary to this policy will be reported and may be subject to further action.
  - Only an <u>officially designated photographer</u> will be permitted on poolside.
- 20. Swimmers and parents are not permitted on the stairways down to poolside as these are for official and emergency use only.
- 21. Derwentside ASC will **NOT** be responsible for any unaccompanied swimmer on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. a DBS (CRB) checked adult with a coach's pass.
- 22. Within the pool area and changing rooms, swimmers are the responsibility of their club coach/team manager. Swimmers who EXIT the pool and changing area are the responsibility of their parent or guardian.
- 23. Anyone found damaging or misusing property or equipment or displaying anti-social behavior at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the pool management. Any swimmer banned from the poolside by the referee or pool management, because of their unacceptable behaviour, shall not be given a refund and may be banned from all future meets at the venue.
- 24. Swimmers leaving the pool area MUST wear a top, shorts and footwear.
- 25. Only pool staff, swimmers, coaches, officials and authorised club volunteers are allowed in the changing area and on poolside a poolside wristband or ASA pass <u>must be worn at all times</u> and coaches and authorised club helpers should wear an identifying club top/ID Badge.

#### Parents are NOT permitted in the changing area and will be requested to leave.

- 26. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded AM heat start lists will be produced the evening before prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum.
- 27. Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete.
- 28. NO hot drinks are allowed on poolside.
- 29. Derwentside ASC and Durham County Council cannot be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers (50p refundable) in the changing rooms and not to leave belongings unattended in the changing area or on poolside.



- 30. Full results will be posted externally (Derwentside ASC website, ASA Rankings and possibly competing club websites) entering the meet is acceptance of this point.
- 31. The Lead Referee will be Chris Johnston: 8, Corvan Terrace, White-le-Head, Tantobie, Stanley, Co Durham DH9 9SJ, Tel: 01207284199
- 32. Any points not covered here will be at the discretion of the meet organiser's.



### **UPPER LIMIT**

### **GIRLS**

EVENT	9 years	10 years	11 years	12 years	13 years	14 years	15/Over	
	To posite the position of the							
50 Freestyle	No Upper Limit							
100 Freestyle	01:18:50	01:12:20	01:09:50	01:05:20	01:03:50	01:01:00	00:58:50	
200 Freestyle	02.40.00	02.32.00	02.28.00	02.21.20	02.17:00	02.14.00	02.10.00	
50 Breaststroke	No Upper Limit							
100 Breaststroke	01:38:50	01:36:80	01:34:30	01:28:00	01:24:50	01:20:00	01:18:00	
200 Breaststroke	03.30.00	03.20.00	03.16.00	03.11.00	03.05:00	02.48.00	02.45.00	
50 Butterfly	No Upper Limit							
100 Butterfly	01:28:00	01:25:00	01:21:00	01:17:00	01:11:00	01:09:00	01:05:00	
200 Butterfly		03.16.00	03.08.00	02.50.00	02.44.00	02.35.00	02.30.00	
50 Backstroke	No Upper Limit							
100 Backstroke	01:24:20	01:21:70	01:18:20	01:16:30	01:14:20	01:10:70	01:08:20	
200 Backstroke	02.52.00	02.50.00	02.42.00	02.37.00	02.34.00	02.25.00	02.21.00	
100 IM	01:22:00	01:20:00	01:18:00					
200 IM				02:39:60	02:36:60	02:32:00	02:28:00	

#### BOYS

BUYS								
EVENT	9 years	10 years	11 years	12 years	13 years	14 years	15/Over	
50 Freestyle	No Upper Limit							
100 Freestyle	01:20:50	01:12:50	01:08:50	01:05:20	01:02:10	00:59:50	00:58:50	
200 Freestyle	02.40.00	02.30.00	02.25.00	02.20.00	02.15.00	02.08.00	02.05.00	
50 Breaststroke	No Upper Limit							
100 Breaststroke	01:40:30	01:34:80	01:30:30	01:25:80	01:18:50	01:14:00	01:10:10	
200 Breaststroke	03.30.00	03.24.00	03.11.00	03.00.00	02.50.00	02.35.00	02.30.00	
50 Butterfly	No Upper Limit							
100 Butterfly	01:25:00	01:20:00	01:18:00	01:15:00	01:09:00	01:05:00	01:01:50	
200 Butterfly		03.05.00	02.58.00	02.52.00	02.42.00	02.34.00	02.28.00	
50 Backstroke	No Upper Limit							
100 Backstroke	01:25:20	01:21:00	01:16:20	01:13:00	01:09.00	01:03.20	00:59:60	
200 Backstroke	02:48:00	02:45:00	02:40:00	02:35:00	02:30:00	02.20.00	02.15.00	
100 IM	01:22:00	01:20:00	01:18:00					
200 IM				02:39:60	02:34:60	02:28:00	02:24:00	