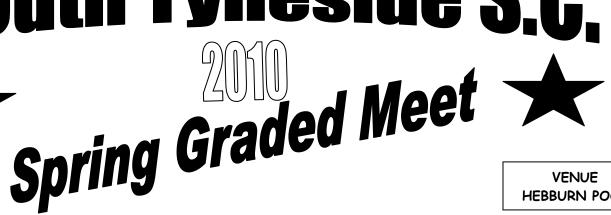
South Tyneside S.C.







HEBBURN POOL

SATURDAY A.M. 17/04/10

SESSION 1

Warm up 8.15.a.m. Start 9.00 a.m.

- 1. FEMALE 200 Br
- 2. MALE 50 BK
- 3. FEMALE 50 Fly
- 4. MALE 100 Br
- 5. FEMALE 100 Bk
- 6. MALE 200 Fr
- 7. FEMALE 200 I/m

SATURDAY P.M. 17/04/10

SESSION 2 Warm Up and Start TBC.

- 8. MALE 200 Bk
- 9. FEMALE 50 Br
- 10.MALE 50 Fr
- 11.FEMALE 200 Fly
- 12.MALE 100 Fly
- 13.FEMALE 100 Fr
- 14 MALE 400 Fr

SUNDAY A.M. 18/04/10

SESSION 3

Warm up 8.15.a.m. Start 9.00 a.m.

15.MALE 200 Br

16.FEMALE 50 Bk

17 MALE 50 Fly

18.FEMALE 100 Br

19.MALE 100 Bk

20.FEMALE 200 Fr

21 MALE 200 I/m

SUNDAY P.M. 18/04/10

SESSION 4

Warm Up and Start TBC...

22.FEMALE 200 Bk

23.MALE 50 Br

24.FEMALE 50 Fr

25.MALE 200 Fly

26.FEMALE 100 Fly

27.MALE 100 Fr

28.FEMALE 400 Fr

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