

N&D Qualifying Times 2013

Male							Events	Female						
9	10	11	12	13	14	Open		9	10	11	12	13	14	Open
Freestyle														
40.00 39.5	37.00 36.4	35.00 34.0	33.00 32.4	31.00 30.3	29.00 28.3	28.00 27.3	50	40.00 39.5	37.00 36.4	35.00 34.0	34.00 33.4	33.00 32.4	32.00 31.3	31.00 30.3
		1.16.00 1.14.9	1.10.00 1.08.8	1.08.00 1.06.8	1.03.00 1.01.7	1.00.00 58.6	100			1.16.00 1.14.9	1.12.00 1.10.8	1.09.00 1.07.8	1.07.00 1.05.7	1.05.00 1.03.7
3.18.00 3.16.2	2.58.00 2.56.0	2.40.00 2.37.8	2.33.00 2.30.7	2.27.50 2.25.1	2.19.50 2.17.0	2.12.00 2.09.4	200	3.17.00 3.15.2	2.56.50 2.54.5	2.40.00 2.37.8	2.30.00 2.27.7	2.27.50 2.25.1	2.24.00 2.21.6	2.21.50 2.19.0
	6.00.00 5.56.10	5.40.00 5.35.8	5.15.00 5.10.5	5.04.70 5.00.1	4.50.00 4.45.1	4.47.00 4.42.1	400		5.54.00 5.50.0	5.34.00 5.29.8	5.14.50 5.10.0	5.04.70 5.00.1	4.59.00 4.54.3	4.55.00 4.50.2
							800							10.30.00 10.20.8
						19.30.00 19.12.2	1500							
Backstroke														
48.00 47.6	43.00 42.5	39.00 38.5	38.00 37.4	37.00 36.4	36.00 35.4	35.00 34.4	50	48.00 47.6	43.00 42.5	41.00 40.5	40.00 39.5	39.00 38.5	38.00 37.4	37.00 36.4
		1.26.00 1.25.1	1.22.00 1.21.0	1.19.00 1.18.0	1.14.00 1.12.9	1.10.00 1.08.8	100			1.25.00 1.24.1	1.22.00 1.21.0	1.20.00 1.19.0	1.18.00 1.17.0	1.16.50 1.15.4
3.41.50 3.40.0	3.17.70 3.16.0	3.06.80 3.05.0	2.53.90 2.52.0	2.42.10 2.40.0	2.39.00 2.36.9	2.35.00 2.32.8	200	3.46.50 3.45.0	3.17.70 3.16.0	3.04.00 3.02.2	2.53.00 2.51.1	2.49.00 2.47.0	2.46.00 2.44.0	2.40.00 2.37.9
Breaststroke														
55.00 54.4	50.00 49.4	48.00 47.3	46.00 45.3	44.00 43.3	42.00 41.2	40.00 39.2	50	53.00 52.4	50.00 49.4	48.00 47.3	45.00 44.3	44.00 43.3	43.00 42.3	42.00 41.2
		1.42.50 1.41.3	1.37.50 1.36.2	1.31.50 1.30.1	1.28.00 1.26.6	1.24.00 1.22.5	100			1.39.00 1.37.7	1.34.50 1.33.2	1.32.00 1.30.6	1.30.00 1.28.6	1.28.00 1.26.6
4.12.00 4.09.9	3.55.00 3.52.7	3.37.50 3.35.1	3.27.60 3.25.0	3.17.70 3.15.0	3.12.00 3.09.2	2.57.00 2.54.0	200	4.12.00 4.09.9	3.42.00 3.39.6	3.32.00 3.29.5	3.19.00 3.16.3	3.17.50 3.14.8	3.15.00 3.12.3	3.10.00 3.07.2
Butterfly														
50.00 49.6	43.00 42.6	38.00 37.5	36.00 35.5	34.00 33.4	32.00 31.4	31.00 30.4	50	50.00 49.6	43.00 42.6	41.00 40.5	40.00 39.5	38.00 37.5	36.00 35.5	34.00 33.4
		1.30.80 1.30.0	1.26.00 1.25.1	1.21.00 1.20.1	1.13.50 1.12.5	1.09.00 1.07.9	100			1.30.80 1.30.0	1.25.00 1.24.1	1.20.00 1.19.0	1.18.00 1.17.0	1.17.00 1.16.0
4.10.00 4.08.7	3.51.50 3.50.1	3.31.50 3.30.0	3.06.70 3.05.0	3.02.00 3.00.3	2.53.00 2.51.2	2.50.00 2.48.1	200	4.10.00 4.08.7	3.51.50 3.50.1	3.31.50 3.30.0	3.11.70 3.10.0	3.02.00 3.00.3	2.59.00 2.57.2	2.55.50 2.53.7
Ind. Medley														
3.46.00 3.44.2	3.27.00 3.25.1	3.07.00 3.04.9	2.56.70 2.54.4	2.47.50 2.45.1	2.36.00 2.33.5	2.32.00 2.29.4	200m	3.46.00 3.44.2	3.22.00 3.20.0	3.05.00 3.02.9	2.54.00 2.51.7	2.48.00 2.45.6	2.46.00 2.43.6	2.44.00 2.41.6
	7.04.00 6.59.8	6.35.00 6.30.5	6.15.00 6.10.3	5.55.00 5.50.0	5.35.00 5.29.7	5.20.00 5.14.5	400m		7.00.00 6.55.8	6.30.00 6.25.5	6.15.00 6.10.3	5.55.00 5.50.0	5.52.00 5.47.0	5.48.00 5.42.9

Times in **Bold Italic** are Long Course. All other times are Short Course.

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<http://www.ndcasa.org.uk>