



Northumberland & Durham Swimming
Association
2016 Championships
[under asa Laws & Technical rules]

Competing Age as at 31st December 2016

Sunderland Aquatic Centre, 6/7 February 2016
Sunderland Aquatic Centre, 27/28 February 2016

	Session 1 Saturday 6th February 2016 @ 09:00		Session 2 Saturday 6th February 2016 @ TBC
Girls	200m Freestyle	Boys	200m Butterfly
Boys	100m Breastroke	Girls	100m Backstroke
Girls	50m Freestyle	Boys	50m Backstroke
	15 minute break	Girls	400m I.M. HDW
Boys	1500m Freestyle HDW		15 minute break presentation of 400 IM
	15 minute break presentation of 1500m		
	FINALS		FINALS
Girls	12,13,14,15 & 16/Over 200m Freestyle	Boys	12,13,14,15 & 16/Over 200m Butterfly
Boys	10/11,12,13,14,15 & 16/Over 100m Breastroke	Girls	10/11,12,13,14, 15 & 16/Over 100m Backstroke
Girls	10/11,12,13,14,15 & 16/Over 50m Freestyle	Boys	10/11,12,13,14,15 & 16/Over 50m Backstroke
	Medal Presentations		Medal Presentations

	Session 3 Sunday 7th February 2015 @ 09:00		Session 4 Sunday 7th February 2015 @ TBC
Boys	200m Freestyle	Girls	200m Butterfly
Girls	100m Breastroke	Boys	100m Backstroke
Boys	50m Freestyle	Girls	50m Backstroke
	15 minute break	Boys	400m I.M. HDW
Girls	800m Freestyle HDW		15 minute break presentation of 400 IM
	15 minute break presentation of 800m		
	FINALS		FINALS
Boys	12,13,14,15 & 16/Over 200m Freestyle	Girls	12,13,14,15 & 16/Over 200m Butterfly
Girls	10/11,12,13,14,15 & 16/Over 100m Breastroke	Boys	10/11,12,13,14,15 & 16/Over 100m Backstroke
Boys	10/11,12,13,14,15 & 16/Over 50m Freestyle	Girls	10/11,12,13,14,15 & 16/Over 50m Backstroke

10/11 yrs will not swim 200m finals at these Championships

Individual Entry Fee is £7.00 for Entries received by 20 January at 12 noon
Individual Entry Fee or Entries received during the period 21 January- 26
February is £10.00

Supported by: NESS Swimwear





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Sunderland Aquatic Centre, 6/7th February 2016
Sunderland Aquatic Centre, 27th/28th February 2016

Session 5 Saturday 27th February 2016 @ 09:00hrs		Session 6 Saturday 27th February 2016 @ TBC	
Boys	200m Backstroke	Boys	200m I.M.
Girls	50m Breaststroke	Girls	100m Butterfly
Boys	100m Freestyle	Boys	50m Butterfly
Girls	400m Freestyle HDW	Girls	200m Breaststroke
15 minute break presentation of 400m		15 minute break	
FINALS		FINALS	
Boys	12,13,14,15 & 16/Over 200m Backstroke	Boys	12,13,14,15 & 16/Over 200 I.M.
Girls	10/11,12,13,14,15 & 16/Over 50m Breaststroke	Girls	10/11,12,13,14,15 & 16/Over 100m Butterfly
Boys	10/11,12,13,14,15 & 16/Over 100m Freestyle	Boys	10/11,12,13,14,15 & 16/Over 50m Butterfly
		Girls	12,13,14,15, & 16/Over 200m Breaststroke

Session 7 Sunday 28th February 2016 @09:00hrs		Session 8 Saturday 28th February 2016 @ TBC	
Girls	200M Backstroke	Girls	200m I.M.
Boys	50m Breaststroke	Boys	100m Butterfly
Girls	100m Freestyle	Girls	50m Butterfly
Boys	400m Freestyle HDW	Boys	200m Breaststroke
15 minute break presentation of 400m		15 minute break	
FINALS		FINALS	
Girls	12,13,14,15 & 16/Over 200m Backstroke	Girls	12,13,14,15 & 16/Over 200m I.M.
Boys	10/11,12,13,14,15 & 16/Over 50m Breaststroke	Boys	10/11,12,13,14,15 & 16/Over 100m Butterfly
Girls	10/11,12,13,14,15 & 16/Over 100m Freestyle	Girls	10/11,12,13,14,15 & 16/Over 50m Butterfly
		Boys	12,13,14,15 & 16/Over 200m Breaststroke

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