



**British Gas Northumberland & Durham
Distance Championships 2012
Aquatics Centre, Sunderland
25th February 2012
Licence No. CC2039**



EVENT 21 Mens Open 1500m Freestyle

Full Results

Place	Name	AaD	Club	Cat.	Time	R.T.	FINA Pt				
1.	Alex Wheeler	18	Co Newcastle		16:27.28	+ 0.82	695				
	50m 29.11	100m 1:00.61	150m 1:32.58	200m 2:04.92	250m 2:37.47	300m 3:09.80	350m 3:42.20	400m 4:15.36			
	29.11	31.50	31.97	32.34	32.55	32.33	32.40	33.16			
	450m 4:48.53	500m 5:21.65	550m 5:54.88	600m 6:28.27	650m 7:01.73	700m 7:35.28	750m 8:08.84	800m 8:42.38			
	33.17	33.12	33.23	33.39	33.46	33.55	33.56	33.54			
	850m 9:15.86	900m 9:49.22	950m 10:22.58	1000m 10:55.96	1050m 11:28.98	1100m 12:02.10	1150m 12:35.70	1200m 13:09.01			
	33.48	33.36	33.36	33.38	33.02	33.12	33.60	33.31			
	1250m 13:42.34	1300m 14:15.33	1350m 14:48.57	1400m 15:21.89	1450m 15:54.98	1500m 16:27.28					
	33.33	32.99	33.24	33.32	33.09	32.30					
2.	Gavin Haggerwood	17	Middlesboro		16:30.73	+ 0.77	687				
	50m 28.94	100m 1:00.84	150m 1:32.98	200m 2:05.61	250m 2:39.19	300m 3:12.75	350m 3:46.53	400m 4:20.06			
	28.94	31.90	32.14	32.63	33.58	33.56	33.78	33.53			
	450m 4:53.62	500m 5:27.29	550m 6:00.05	600m 6:33.15	650m 7:06.26	700m 7:39.57	750m 8:12.94	800m 8:46.46			
	33.66	33.67	32.76	33.10	33.11	33.31	33.37	33.52			
	850m 9:19.57	900m 9:52.49	950m 10:25.47	1000m 10:58.81	1050m 11:31.80	1100m 12:05.21	1150m 12:38.43	1200m 13:11.82			
	33.11	32.92	32.98	33.34	32.99	33.41	33.22	33.39			
	1250m 13:45.37	1300m 14:19.27	1350m 14:52.94	1400m 15:26.70	1450m 15:59.69	1500m 16:30.73					
	33.55	33.90	33.67	33.76	32.99	31.04					
3.	Mark Ovington	14	Chester Le S		16:54.91	+ 0.86	639				
	50m 29.44	100m 1:02.06	150m 1:35.08	200m 2:08.71	250m 2:42.39	300m 3:16.12	350m 3:50.16	400m 4:23.91			
	29.44	32.62	33.02	33.63	33.68	33.73	34.04	33.75			
	450m 4:57.53	500m 5:31.60	550m 6:05.71	600m 6:40.30	650m 7:14.01	700m 7:48.35	750m 8:22.69	800m 8:57.20			
	33.62	34.07	34.11	34.59	33.71	34.34	34.34	34.51			
	850m 9:31.83	900m 10:04.69	950m 10:39.17	1000m 11:13.26	1050m 11:47.36	1100m 12:21.71	1150m 12:56.37	1200m 13:30.29			
	34.63	32.86	34.48	34.09	34.10	34.35	34.66	33.92			
	1250m 14:04.60	1300m 14:39.06	1350m 15:13.80	1400m 15:48.44	1450m 16:22.27	1500m 16:54.91					
	34.31	34.46	34.74	34.64	33.83	32.64					
4.	Jack Baister	15	Middlesboro		17:06.46	+ 0.71	618				
	50m 30.57	100m 1:03.78	150m 1:37.22	200m 2:10.96	250m 2:44.52	300m 3:19.09	350m 3:53.06	400m 4:27.62			
	30.57	33.21	33.44	33.74	33.56	34.57	33.97	34.56			
	450m 5:02.22	500m 5:37.02	550m 6:11.41	600m 6:46.43	650m 7:21.11	700m 7:55.66	750m 8:29.89	800m 9:04.73			
	34.60	34.80	34.39	35.02	34.68	34.55	34.23	34.84			
	850m 9:39.16	900m 10:13.47	950m 10:48.45	1000m 11:23.27	1050m 11:57.79	1100m 12:32.39	1150m 13:06.59	1200m 13:40.88			
	34.43	34.31	34.98	34.82	34.52	34.60	34.20	34.29			
	1250m 14:15.76	1300m 14:50.40	1350m 15:24.85	1400m 15:59.87	1450m 16:34.34	1500m 17:06.46					
	34.88	34.64	34.45	35.02	34.47	32.12					
5.	Daniel Wheeler	15	Co Newcastle		17:07.41	+ 0.73	616				
	50m 30.50	100m 1:03.23	150m 1:36.66	200m 2:10.14	250m 2:44.08	300m 3:18.22	350m 3:52.55	400m 4:27.02			
	30.50	32.73	33.43	33.48	33.94	34.14	34.33	34.47			
	450m 5:01.86	500m 5:36.76	550m 6:11.60	600m 6:46.21	650m 7:21.30	700m 7:56.38	750m 8:31.05	800m 9:05.88			
	34.84	34.90	34.84	34.61	35.09	35.08	34.67	34.83			
	850m 9:40.47	900m 10:15.08	950m 10:49.79	1000m 11:24.45	1050m 11:59.12	1100m 12:33.71	1150m 13:08.53	1200m 13:43.29			
	34.59	34.61	34.71	34.66	34.67	34.59	34.82	34.76			
	1250m 14:18.15	1300m 14:52.88	1350m 15:27.81	1400m 16:02.16	1450m 16:36.17	1500m 17:07.41					
	34.86	34.73	34.93	34.35	34.01	31.24					
6.	Adam Charlton	14	Chester Le S		17:14.88	+ 0.68	603				
	50m 29.53	100m 1:02.30	150m 1:35.45	200m 2:08.98	250m 2:42.63	300m 3:16.45	350m 3:50.23	400m 4:24.03			
	29.53	32.77	33.15	33.53	33.65	33.82	33.78	33.80			
	450m 4:57.72	500m 5:31.95	550m 6:05.96	600m 6:40.01	650m 7:14.00	700m 7:48.49	750m 8:23.06	800m 8:57.31			
	33.69	34.23	34.01	34.05	33.99	34.49	34.57	34.25			
	850m 9:32.12	900m 10:07.00	950m 10:42.12	1000m 11:17.86	1050m 11:53.89	1100m 12:29.78	1150m 13:05.69	1200m 13:41.90			
	34.81	34.88	35.12	35.74	36.03	35.89	35.91	36.21			
	1250m 14:17.84	1300m 14:53.92	1350m 15:28.38	1400m 16:04.35	1450m 16:40.41	1500m 17:14.88					
	35.94	36.08	34.46	35.97	36.06	34.47					
7.	Adam Hollows	16	Chester Le S		17:17.91	+ 0.76	598				
	50m 30.45	100m 1:04.30	150m 1:38.93	200m 2:13.58	250m 2:48.24	300m 3:23.20	350m 3:57.91	400m 4:32.76			
	30.45	33.85	34.63	34.65	34.66	34.96	34.71	34.85			
	450m 5:07.85	500m 5:42.81	550m 6:17.51	600m 6:52.36	650m 7:27.01	700m 8:02.01	750m 8:36.68	800m 9:11.42			
	35.09	34.96	34.70	34.85	34.65	35.00	34.67	34.74			
	850m 9:46.76	900m 10:21.75	950m 10:56.41	1000m 11:31.09	1050m 12:06.10	1100m 12:41.00	1150m 13:15.63	1200m 13:50.74			
	35.34	34.99	34.66	34.68	35.01	34.90	34.63	35.11			
	1250m 14:25.85	1300m 15:00.88	1350m 15:35.62	1400m 16:10.21	1450m 16:44.38	1500m 17:17.91					
	35.11	35.03	34.74	34.59	34.17	33.53					
8.	Matthew Bradley	14	Sedgefield		17:24.97	+ 0.85	586				
	50m 28.70	100m 1:01.27	150m 1:34.62	200m 2:08.07	250m 2:42.37	300m 3:16.28	350m 3:50.89	400m 4:25.62			
	28.70	32.57	33.35	33.45	34.30	33.91	34.61	34.73			
	450m 5:00.36	500m 5:35.59	550m 6:10.77	600m 6:46.36	650m 7:21.46	700m 7:56.50	750m 8:32.35	800m 9:07.40			
	34.74	35.23	35.18	35.59	35.10	35.04	35.85	35.05			
	850m 9:43.08	900m 10:18.44	950m 10:53.68	1000m 11:29.07	1050m 12:04.98	1100m 12:40.64	1150m 13:16.58	1200m 13:52.36			
	35.68	35.36	35.24	35.39	35.91	35.66	35.94	35.78			
	1250m 14:26.73	1300m 15:01.38	1350m 15:37.30	1400m 16:13.61	1450m 16:49.33	1500m 17:24.97					
	34.37	34.65	35.92	36.31	35.72	35.64					
9.	Tom Fullen	15	Newburn		17:31.37	+ 0.80	575				
	50m 32.71	100m 1:07.20	150m 1:41.40	200m 2:15.99	250m 2:50.34	300m 3:25.16	350m 4:00.01	400m 4:35.21			
	32.71	34.49	34.20	34.59	34.35	34.82	34.85	35.20			
	450m 5:09.79	500m 5:44.73	550m 6:19.44	600m 6:54.02	650m 7:28.72	700m 8:03.63	750m 8:38.36	800m 9:13.49			
	34.58	34.94	34.71	34.58	34.70	34.91	34.73	35.13			
	850m 9:48.76	900m 10:24.42	950m 10:59.58	1000m 11:35.32	1050m 12:10.90	1100m 12:46.56	1150m 13:22.39	1200m 13:58.19			
	35.27	35.66	35.16	35.74	35.58	35.66	35.83	35.80			
	1250m 14:33.96	1300m 15:10.01	1350m 15:46.06	1400m 16:21.84	1450m 16:57.14	1500m 17:31.37					
	35.77	36.05	36.05	35.78	35.30	34.23					



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10. Greg Chambers	16 Newburn	17:33.99	+ 0.77	571					
50m 30.85	100m 1:05.02	150m 1:39.35	200m 2:13.96	250m 2:48.18	300m 3:22.59	350m 3:57.41	400m 4:32.48		
30.85	34.17	34.33	34.61	34.22	34.41	34.82	35.07		
450m 5:07.70	500m 5:43.13	550m 6:18.28	600m 6:53.68	650m 7:28.87	700m 8:04.31	750m 8:39.96	800m 9:15.70		
35.22	35.43	35.15	35.40	35.19	35.44	35.65	35.74		
850m 9:51.24	900m 10:26.75	950m 11:02.31	1000m 11:37.75	1050m 12:13.55	1100m 12:49.05	1150m 13:24.97	1200m 14:00.91		
35.54	35.51	35.56	35.44	35.80	35.50	35.92	35.94		
1250m 14:36.76	1300m 15:13.07	1350m 15:49.07	1400m 16:24.94	1450m 17:00.71	1500m 17:33.99				
35.85	36.31	36.00	35.87	35.77	33.28				
11. Daniel Marshall	15 Middlesboro	17:34.06	+ 0.67	571					
50m 30.90	100m 1:04.72	150m 1:39.35	200m 2:14.19	250m 2:49.25	300m 3:24.00	350m 3:58.79	400m 4:33.62		
30.90	33.82	34.63	34.84	35.06	34.75	34.79	34.83		
450m 5:08.70	500m 5:43.78	550m 6:19.41	600m 6:54.75	650m 7:30.24	700m 8:05.81	750m 8:40.94	800m 9:16.41		
35.08	35.08	35.63	35.34	35.49	35.57	35.13	35.47		
850m 9:51.67	900m 10:26.80	950m 11:02.29	1000m 11:37.38	1050m 12:13.60	1100m 12:49.46	1150m 13:25.43	1200m 14:01.36		
35.26	35.13	35.49	35.09	36.22	35.86	35.97	35.93		
1250m 14:37.02	1300m 15:12.72	1350m 15:48.68	1400m 16:24.30	1450m 17:00.23	1500m 17:34.06				
35.66	35.70	35.96	35.62	35.93	33.83				
12. Aidan McDonagh	14 Bo Stockton	17:39.49	+ 0.75	562					
50m 32.30	100m 1:07.88	150m 1:43.49	200m 2:19.25	250m 2:54.82	300m 3:30.54	350m 4:06.35	400m 4:42.16		
32.30	35.58	35.61	35.76	35.57	35.72	35.81	35.81		
450m 5:17.66	500m 5:53.83	550m 6:29.14	600m 7:04.84	650m 7:40.59	700m 8:15.75	750m 8:51.28	800m 9:26.53		
35.50	36.17	35.31	35.70	35.75	35.16	35.53	35.25		
850m 10:01.95	900m 10:38.01	950m 11:13.26	1000m 11:48.38	1050m 12:23.47	1100m 12:58.83	1150m 13:34.14	1200m 14:09.64		
35.42	36.06	35.25	35.12	35.09	35.36	35.31	35.50		
1250m 14:45.27	1300m 15:21.16	1350m 15:56.52	1400m 16:31.91	1450m 17:06.04	1500m 17:39.49				
35.63	35.89	35.36	35.39	34.13	33.45				
13. Lewis Welford	15 Co Newcastle	17:45.15	+ 0.75	553					
50m 30.09	100m 1:04.14	150m 1:38.39	200m 2:12.89	250m 2:48.03	300m 3:23.68	350m 3:59.23	400m 4:35.14		
30.09	34.05	34.25	34.50	35.14	35.65	35.55	35.91		
450m 5:10.88	500m 5:47.07	550m 6:22.68	600m 6:58.35	650m 7:34.13	700m 8:10.41	750m 8:46.01	800m 9:22.24		
35.74	36.19	35.61	35.67	35.78	36.28	35.60	36.23		
850m 9:57.64	900m 10:33.64	950m 11:09.64	1000m 11:46.11	1050m 12:21.77	1100m 12:57.93	1150m 13:34.13	1200m 14:10.44		
35.40	36.00	36.00	36.47	35.66	36.16	36.20	36.31		
1250m 14:46.29	1300m 15:22.54	1350m 15:58.12	1400m 16:34.05	1450m 17:10.02	1500m 17:45.15				
35.85	36.25	35.58	35.93	35.97	35.13				
14. Joseph Burin	13 Newburn	17:56.58	+ 0.73	536					
50m 32.76	100m 1:08.52	150m 1:44.15	200m 2:19.97	250m 2:55.70	300m 3:31.50	350m 4:07.51	400m 4:43.71		
32.76	35.76	35.63	35.82	35.73	35.80	36.01	36.20		
450m 5:19.75	500m 5:55.73	550m 6:32.03	600m 7:07.76	650m 7:43.55	700m 8:19.48	750m 8:55.32	800m 9:31.32		
36.04	35.98	36.30	35.73	35.79	35.93	35.84	36.00		
850m 10:07.24	900m 10:43.44	950m 11:19.62	1000m 11:55.86	1050m 12:31.82	1100m 13:08.42	1150m 13:44.71	1200m 14:21.20		
35.92	36.20	36.18	36.24	35.96	36.60	36.29	36.49		
1250m 14:57.54	1300m 15:33.90	1350m 16:10.21	1400m 16:46.48	1450m 17:22.36	1500m 17:56.58				
36.34	36.36	36.31	36.27	35.88	34.22				
15. Alexander Reay	16 Newburn	18:01.66	+ 0.78	528					
50m 30.61	100m 1:04.43	150m 1:38.79	200m 2:13.37	250m 2:47.86	300m 3:23.01	350m 3:58.57	400m 4:34.01		
30.61	33.82	34.36	34.58	34.49	35.15	35.56	35.44		
450m 5:10.03	500m 5:46.19	550m 6:22.40	600m 6:58.79	650m 7:35.49	700m 8:12.30	750m 8:49.60	800m 9:26.43		
36.02	36.16	36.21	36.39	36.70	36.81	37.30	36.83		
850m 10:03.25	900m 10:40.05	950m 11:16.68	1000m 11:53.42	1050m 12:29.76	1100m 13:06.15	1150m 13:42.67	1200m 14:20.09		
36.82	36.80	36.63	36.74	36.34	36.39	36.52	37.42		
1250m 14:57.08	1300m 15:34.25	1350m 16:11.47	1400m 16:48.88	1450m 17:25.53	1500m 18:01.66				
36.99	37.17	37.22	37.41	36.65	36.13				
16. Kieran Peart	14 South Tyne	18:05.64	+ 0.73	522					
50m 30.27	100m 1:03.81	150m 1:38.82	200m 2:14.80	250m 2:50.56	300m 3:26.98	350m 4:03.79	400m 4:40.42		
30.27	33.54	35.01	35.98	35.76	36.42	36.81	36.63		
450m 5:17.41	500m 5:54.35	550m 6:31.14	600m 7:07.91	650m 7:44.98	700m 8:21.99	750m 8:58.67	800m 9:34.67		
36.99	36.94	36.79	36.77	37.07	37.01	36.68	36.00		
850m 10:11.26	900m 10:47.67	950m 11:24.00	1000m 12:00.13	1050m 12:36.96	1100m 13:13.60	1150m 13:50.51	1200m 14:27.65		
36.59	36.41	36.33	36.13	36.83	36.64	36.91	37.14		
1250m 15:04.67	1300m 15:41.88	1350m 16:19.02	1400m 16:56.25	1450m 17:32.60	1500m 18:05.64				
37.02	37.21	37.14	37.23	36.35	33.04				
17. James Sproston	13 Co Newcastle	18:05.99	+ 0.66	522					
50m 31.74	100m 1:07.38	150m 1:43.82	200m 2:19.73	250m 2:56.43	300m 3:32.96	350m 4:09.56	400m 4:46.28		
31.74	35.64	36.44	35.91	36.70	36.53	36.60	36.72		
450m 5:23.19	500m 6:00.39	550m 6:36.63	600m 7:13.65	650m 7:50.26	700m 8:26.66	750m 9:03.58	800m 9:40.54		
36.91	37.20	36.24	37.02	36.61	36.40	36.92	36.96		
850m 10:16.73	900m 10:53.16	950m 11:29.92	1000m 12:06.36	1050m 12:43.05	1100m 13:19.22	1150m 13:55.28	1200m 14:31.82		
36.19	36.43	36.76	36.44	36.69	36.17	36.06	36.54		
1250m 15:08.29	1300m 15:44.32	1350m 16:20.30	1400m 16:56.51	1450m 17:31.54	1500m 18:05.99				
36.47	36.03	35.98	36.21	35.03	34.45				
18. Samuel Yeates	15 Newburn	18:08.60	+ 0.76	518					
50m 32.11	100m 1:06.79	150m 1:42.39	200m 2:18.12	250m 2:53.61	300m 3:29.68	350m 4:06.51	400m 4:42.93		
32.11	34.68	35.60	35.73	35.49	36.07	36.83	36.42		
450m 5:19.93	500m 5:57.01	550m 6:33.17	600m 7:10.10	650m 7:47.36	700m 8:24.09	750m 9:00.66	800m 9:36.91		
37.00	37.08	36.16	36.93	37.26	36.73	36.57	36.25		
850m 10:14.46	900m 10:51.69	950m 11:27.91	1000m 12:04.72	1050m 12:41.08	1100m 13:18.14	1150m 13:55.50	1200m 14:32.09		
37.55	37.23	36.22	36.81	36.36	37.06	37.36	36.59		
1250m 15:08.97	1300m 15:45.60	1350m 16:22.38	1400m 16:58.65	1450m 17:34.67	1500m 18:08.60				
36.88	36.63	36.78	36.27	36.02	33.93				
19. Cameron Lord	15 Newburn	18:09.63	+ 0.89	517					
50m 32.19	100m 1:07.62	150m 1:43.32	200m 2:19.10	250m 2:55.09	300m 3:31.88	350m 4:08.14	400m 4:44.88		
32.19	35.43	35.70	35.78	35.99	36.79	36.26	36.74		
450m 5:21.87	500m 5:58.78	550m 6:35.31	600m 7:12.96	650m 7:50.02	700m 8:26.20	750m 9:02.94	800m 9:39.87		
36.99	36.91	36.53	37.65	37.06	36.18	36.74	36.93		
850m 10:16.72	900m 10:53.53	950m 11:29.92	1000m 12:06.49	1050m 12:42.87	1100m 13:19.76	1150m 13:56.49	1200m 14:33.17		



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	36.85	36.81	36.39	36.57	36.38	36.89	36.73	36.68
	1250m 15:09.52	1300m 15:46.11	1350m 16:22.99	1400m 16:59.36	1450m 17:35.53	1500m 18:09.63		
	36.35	36.59	36.88	36.37	36.17	34.10		
20. Andrew Markham	14	Co Sund'land	18:11.16	+ 0.78	514			
50m	31.56	100m 1:05.37	150m 1:40.46	200m 2:15.70	250m 2:51.72	300m 3:26.97	350m 4:02.78	400m 4:38.75
	31.56	33.81	35.09	35.24	36.02	35.25	35.81	35.97
450m	5:14.96	500m 5:51.41	550m 6:27.82	600m 7:04.62	650m 7:41.86	700m 8:18.78	750m 8:55.38	800m 9:32.73
	36.21	36.45	36.41	36.80	37.24	36.92	36.60	37.35
850m	10:10.34	900m 10:47.47	950m 11:24.79	1000m 12:01.90	1050m 12:39.39	1100m 13:16.71	1150m 13:54.29	1200m 14:31.65
	37.61	37.13	37.32	37.11	37.49	37.32	37.58	37.36
1250m	15:08.52	1300m 15:45.76	1350m 16:23.47	1400m 17:00.52	1450m 17:37.23	1500m 18:11.16		
	36.87	37.24	37.71	37.05	36.71	33.93		
21. Matthew Cummins	15	Gates & Whick	18:11.40	+ 0.91	514			
50m	29.96	100m 1:05.19	150m 1:41.46	200m 2:17.98	250m 2:54.90	300m 3:31.48	350m 4:07.72	400m 4:44.09
	29.96	35.23	36.27	36.52	36.92	36.58	36.24	36.37
450m	5:21.21	500m 5:57.57	550m 6:34.08	600m 7:10.61	650m 7:47.19	700m 8:23.42	750m 8:59.82	800m 9:36.01
	37.12	36.36	36.51	36.53	36.58	36.23	36.40	36.19
850m	10:12.22	900m 10:48.89	950m 11:25.24	1000m 12:02.11	1050m 12:38.92	1100m 13:16.13	1150m 13:53.50	1200m 14:30.82
	36.21	36.67	36.35	36.87	36.81	37.21	37.37	37.32
1250m	15:08.81	1300m 15:46.18	1350m 16:23.83	1400m 17:01.08	1450m 17:37.75	1500m 18:11.40		
	37.99	37.37	37.65	37.25	36.67	33.65		
22. Daniel Callaghan	14	Chester Le S	18:31.36	+ 0.84	487			
50m	32.84	100m 1:09.79	150m 1:46.94	200m 2:24.55	250m 3:01.81	300m 3:38.96	350m 4:16.37	400m 4:54.36
	32.84	36.95	37.15	37.61	37.26	37.15	37.41	37.99
450m	5:31.44	500m 6:08.96	550m 6:46.10	600m 7:23.67	650m 8:00.53	700m 8:38.17	750m 9:15.09	800m 9:52.38
	37.08	37.52	37.14	37.57	36.86	37.64	36.92	37.29
850m	10:29.39	900m 11:06.75	950m 11:43.83	1000m 12:21.12	1050m 12:58.09	1100m 13:35.58	1150m 14:12.83	1200m 14:50.12
	37.01	37.36	37.08	37.29	36.97	37.49	37.25	37.29
1250m	15:27.53	1300m 16:04.75	1350m 16:42.15	1400m 17:19.17	1450m 17:55.69	1500m 18:31.36		
	37.41	37.22	37.40	37.02	36.52	35.67		
23. James Lane	13	South Tyne	18:36.96	+ 0.71	480			
50m	32.40	100m 1:08.80	150m 1:45.79	200m 2:22.79	250m 2:59.97	300m 3:36.87	350m 4:14.53	400m 4:52.12
	32.40	36.40	36.99	37.00	37.18	36.90	37.66	37.59
450m	5:29.61	500m 6:07.16	550m 6:44.30	600m 7:21.70	650m 7:59.55	700m 8:36.89	750m 9:14.69	800m 9:52.22
	37.49	37.55	37.14	37.40	37.85	37.34	37.80	37.53
850m	10:29.61	900m 11:07.19	950m 11:44.55	1000m 12:22.31	1050m 12:59.96	1100m 13:37.34	1150m 14:15.35	1200m 14:52.71
	37.39	37.58	37.36	37.76	37.65	37.38	38.01	37.36
1250m	15:30.70	1300m 16:08.23	1350m 16:46.41	1400m 17:24.20	1450m 18:01.58	1500m 18:36.96		
	37.99	37.53	38.18	37.79	37.38	35.38		
24. Zak Logue	13	Co Newcastle	18:40.75	+ 0.65	475			
50m	32.52	100m 1:08.65	150m 1:44.98	200m 2:22.00	250m 2:58.72	300m 3:36.62	350m 4:14.25	400m 4:51.05
	32.52	36.13	36.33	37.02	36.72	37.90	37.63	36.80
450m	5:28.75	500m 6:06.78	550m 6:45.35	600m 7:22.64	650m 8:00.79	700m 8:38.98	750m 9:17.45	800m 9:55.06
	37.70	38.03	38.57	37.29	38.15	38.19	38.47	37.61
850m	10:32.95	900m 11:09.94	950m 11:47.30	1000m 12:23.45	1050m 13:01.13	1100m 13:37.84	1150m 14:16.30	1200m 14:54.40
	37.89	36.99	37.36	36.15	37.68	36.71	38.46	38.10
1250m	15:32.54	1300m 16:10.54	1350m 16:47.95	1400m 17:26.31	1450m 18:03.90	1500m 18:40.75		
	38.14	38.00	37.41	38.36	37.59	36.85		
25. Jack Gallagher	15	Co Newcastle	18:41.97	+ 0.90	473			
50m	32.85	100m 1:08.76	150m 1:45.65	200m 2:22.84	250m 2:59.94	300m 3:37.16	350m 4:14.57	400m 4:51.75
	32.85	35.91	36.89	37.19	37.10	37.22	37.41	37.18
450m	5:29.28	500m 6:07.18	550m 6:44.82	600m 7:22.79	650m 8:00.31	700m 8:38.28	750m 9:16.19	800m 9:54.36
	37.53	37.90	37.64	37.97	37.52	37.97	37.91	38.17
850m	10:31.97	900m 11:10.21	950m 11:47.83	1000m 12:25.80	1050m 13:03.33	1100m 13:41.58	1150m 14:19.81	1200m 14:58.03
	37.61	38.24	37.62	37.97	37.53	38.25	38.23	38.22
1250m	15:36.21	1300m 16:14.78	1350m 16:53.05	1400m 17:31.27	1450m 18:07.79	1500m 18:41.97		
	38.18	38.57	38.27	38.22	36.52	34.18		
26. Matthew Reay	14	Newburn	18:44.97	---	469			
50m	32.23	100m 1:07.54	150m 1:43.18	200m 2:19.50	250m 2:55.44	300m 3:32.12	350m 4:08.56	400m 4:45.57
	32.23	35.31	35.64	36.32	35.94	36.68	36.44	37.01
450m	5:22.06	500m 5:58.79	550m 6:34.92	600m 7:11.72	650m 7:47.89	700m 8:24.25	750m 9:00.38	800m 9:36.72
	36.49	36.73	36.13	36.80	36.17	36.36	36.13	36.34
850m	10:13.26	900m 10:50.10	950m 11:26.32	1000m 12:02.90	1050m 12:39.18	1100m 13:15.71	1150m 13:52.00	1200m 14:28.78
	36.54	36.84	36.22	36.58	36.28	36.53	36.29	36.78
1250m	15:05.13	1300m 15:41.99	1350m 16:18.15	1400m 16:54.63	1450m -	1500m 18:44.97		
	36.35	36.86	36.16	36.48	-	1:50.34		
27. Ryan Henry	14	Co Sund'land	18:45.25	+ 0.79	469			
50m	32.25	100m 1:08.58	150m 1:45.78	200m 2:23.10	250m 3:00.89	300m 3:38.48	350m 4:16.17	400m 4:53.65
	32.25	36.33	37.20	37.32	37.79	37.59	37.69	37.48
450m	5:31.23	500m 6:08.64	550m 6:46.05	600m 7:23.42	650m 8:00.95	700m 8:38.53	750m 9:16.17	800m 9:53.86
	37.58	37.41	37.41	37.37	37.53	37.58	37.64	37.69
850m	10:31.58	900m 11:09.69	950m 11:47.69	1000m 12:25.69	1050m 13:03.44	1100m 13:41.71	1150m 14:19.62	1200m 14:58.53
	37.72	38.11	38.00	38.00	37.75	38.27	37.91	38.91
1250m	15:36.47	1300m 16:14.81	1350m 16:52.99	1400m 17:30.96	1450m 18:08.27	1500m 18:45.25		
	37.94	38.34	38.18	37.97	37.31	36.98		
28. Jack Tallentire	14	Co Sund'land	18:45.75	+ 0.52	468			
50m	32.03	100m 1:08.44	150m 1:44.53	200m 2:20.89	250m 2:57.64	300m 3:35.06	350m 4:12.29	400m 4:49.87
	32.03	36.41	36.09	36.36	36.75	37.42	37.23	37.58
450m	5:27.11	500m 6:04.99	550m 6:42.68	600m 7:20.58	650m 7:58.21	700m 8:36.40	750m 9:14.30	800m 9:52.47
	37.24	37.88	37.69	37.90	37.63	38.19	37.90	38.17
850m	10:30.57	900m 11:08.34	950m 11:46.42	1000m 12:24.34	1050m 13:02.38	1100m 13:40.99	1150m 14:19.05	1200m 14:57.72
	38.10	37.77	38.08	37.92	38.04	38.61	38.06	38.67
1250m	15:36.47	1300m 16:15.36	1350m 16:53.87	1400m 17:32.16	1450m 18:09.81	1500m 18:45.75		
	38.75	38.89	38.51	38.29	37.65	35.94		
29. Adam Howell	14	Middlesboro	18:48.65	+ 0.62	465			
50m	32.79	100m 1:09.55	150m 1:47.14	200m 2:24.47	250m 3:02.07	300m 3:39.53	350m 4:17.48	400m 4:55.26
	32.79	36.76	37.59	37.33	37.60	37.46	37.95	37.78



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450m 5:33.26 38.00	500m 6:11.05 37.79	550m 6:48.54 37.49	600m 7:26.93 38.39	650m 8:05.50 38.57	700m 8:43.75 38.25	750m 9:22.24 38.49	800m 9:59.79 37.55
850m 10:37.70 37.91	900m 11:15.48 37.78	950m 11:53.34 37.86	1000m 12:31.34 38.00	1050m 13:09.47 38.13	1100m 13:47.73 38.26	1150m 14:25.93 38.20	1200m 15:03.62 37.69
1250m 15:42.45 38.83	1300m 16:21.02 38.57	1350m 16:58.92 37.90	1400m 17:37.33 38.41	1450m 18:14.53 37.20	1500m 18:48.65 34.12		
30. Thomas Burns							
12 Co Sund'land	12 Co Sund'land	12 Co Sund'land	12 Co Sund'land	12 Co Sund'land	12 Co Sund'land	12 Co Sund'land	12 Co Sund'land
50m 33.58 33.58	100m 1:10.17 36.59	150m 1:47.26 37.09	200m 2:24.20 36.94	250m 3:01.62 37.42	300m 3:39.02 37.40	350m 4:16.75 37.73	400m 4:54.36 37.61
450m 5:32.26 37.90	500m 6:09.68 37.42	550m 6:47.54 37.86	600m 7:25.42 37.88	650m 8:03.38 37.96	700m 8:40.95 37.57	750m 9:19.25 38.30	800m 9:57.23 37.98
850m 10:35.32 38.09	900m 11:13.76 38.44	950m 11:51.57 37.81	1000m 12:29.89 38.32	1050m 13:07.91 38.02	1100m 13:46.34 38.43	1150m 14:24.16 37.82	1200m 15:02.21 38.05
1250m 15:40.55 38.34	1300m 16:18.71 38.16	1350m 16:57.00 38.29	1400m 17:34.98 37.98	1450m 18:12.43 37.45	1500m 18:49.07 36.64		
31. Matthew Wylie							
15 Co Sund'land	15 Co Sund'land	15 Co Sund'land	15 Co Sund'land	15 Co Sund'land	15 Co Sund'land	15 Co Sund'land	15 Co Sund'land
50m 33.08 33.08	100m 1:10.37 37.29	150m 1:48.05 37.68	200m 2:25.44 37.39	250m 3:03.06 37.62	300m 3:41.16 38.10	350m 4:18.67 37.51	400m 4:56.54 37.87
450m 5:34.72 38.18	500m 6:12.10 37.38	550m 6:49.65 37.55	600m 7:27.64 37.99	650m 8:06.05 38.41	700m 8:45.62 39.57	750m 9:24.53 38.91	800m 10:03.29 38.76
850m 10:40.69 37.40	900m 11:18.67 37.98	950m 11:56.62 37.95	1000m 12:35.13 38.51	1050m 13:13.34 38.21	1100m 13:51.46 38.12	1150m 14:29.45 37.99	1200m 15:07.93 38.48
1250m 15:46.07 38.14	1300m 16:23.74 37.67	1350m 17:01.83 38.09	1400m 17:39.52 37.69	1450m 18:17.04 37.52	1500m 18:53.48 36.44		
32. Joshua Campbell							
14 Co Sund'land	14 Co Sund'land	14 Co Sund'land	14 Co Sund'land	14 Co Sund'land	14 Co Sund'land	14 Co Sund'land	14 Co Sund'land
50m 33.69 33.69	100m 1:10.97 37.28	150m 1:48.72 37.75	200m 2:26.22 37.50	250m 3:03.67 37.45	300m 3:40.89 37.22	350m 4:18.49 37.60	400m 4:56.14 37.65
450m 5:34.10 37.96	500m 6:12.42 38.32	550m 6:50.61 38.19	600m 7:28.88 38.27	650m 8:06.99 38.11	700m 8:45.16 38.17	750m 9:23.72 38.56	800m 10:01.83 38.11
850m 10:39.97 38.14	900m 11:18.45 38.48	950m 11:56.80 38.35	1000m 12:35.26 38.46	1050m 13:14.34 39.08	1100m 13:52.81 38.47	1150m 14:31.81 39.00	1200m 15:10.12 38.31
1250m 15:49.04 38.92	1300m 16:27.69 38.65	1350m 17:06.45 38.76	1400m 17:44.89 38.44	1450m 18:22.69 37.80	1500m 18:57.93 35.24		
33. Lewis Plaice							
13 Middlesboro	13 Middlesboro	13 Middlesboro	13 Middlesboro	13 Middlesboro	13 Middlesboro	13 Middlesboro	13 Middlesboro
50m 34.64 34.64	100m 1:11.83 37.19	150m 1:49.29 37.46	200m 2:27.14 37.85	250m 3:03.99 36.85	300m 3:41.97 37.98	350m 4:19.79 37.82	400m 4:58.04 38.25
450m 5:36.10 38.06	500m 6:15.20 39.10	550m 6:53.27 38.07	600m 7:31.43 38.16	650m 8:09.36 37.93	700m 8:47.70 38.34	750m 9:26.13 38.43	800m 10:04.93 38.80
850m 10:43.59 38.66	900m 11:22.52 38.93	950m 12:01.60 39.08	1000m 12:41.02 39.42	1050m 13:21.39 40.37	1100m 13:59.77 38.38	1150m 14:37.83 38.06	1200m 15:15.38 37.55
1250m 15:54.02 38.64	1300m 16:32.01 37.99	1350m 17:09.53 37.52	1400m 17:47.21 37.68	1450m 18:24.88 37.67	1500m 19:00.33 35.45		
34. Aiden Crombie							
13 Peterlee	13 Peterlee	13 Peterlee	13 Peterlee	13 Peterlee	13 Peterlee	13 Peterlee	13 Peterlee
50m 33.05 33.05	100m 1:10.55 37.50	150m 1:49.19 38.64	200m 2:28.43 39.24	250m 3:07.12 38.69	300m 3:46.21 39.09	350m 4:24.64 38.43	400m 5:03.72 39.08
450m 5:41.91 38.19	500m 6:21.09 39.18	550m 7:00.07 38.98	600m 7:39.08 39.01	650m 8:18.32 39.24	700m 8:57.89 39.57	750m 9:36.42 38.53	800m 10:15.25 38.83
850m 10:54.02 38.77	900m 11:32.62 38.60	950m 12:11.05 38.43	1000m 12:49.69 38.64	1050m 13:28.12 38.43	1100m 14:06.27 38.15	1150m 14:43.96 37.69	1200m 15:22.39 38.43
1250m 16:00.32 37.93	1300m 16:38.42 38.10	1350m 17:15.95 37.53	1400m 17:53.05 37.10	1450m 18:29.56 36.51	1500m 19:05.45 35.89		
35. William Angus							
12 Chester Le S	12 Chester Le S	12 Chester Le S	12 Chester Le S	12 Chester Le S	12 Chester Le S	12 Chester Le S	12 Chester Le S
50m 33.98 33.98	100m 1:12.45 38.47	150m 1:50.68 38.23	200m 2:29.71 39.03	250m 3:08.85 39.14	300m 3:47.81 38.96	350m 4:26.42 38.61	400m 5:04.67 38.25
450m 5:42.46 37.79	500m 6:20.71 38.25	550m 6:58.82 38.11	600m 7:36.68 37.86	650m 8:14.81 38.13	700m 8:52.82 38.01	750m 9:30.98 38.16	800m 10:09.43 38.45
850m 10:48.15 38.72	900m 11:26.96 38.81	950m 12:05.66 38.70	1000m 12:44.42 38.76	1050m 13:23.11 38.69	1100m 14:02.13 39.02	1150m 14:40.78 38.65	1200m 15:20.14 39.36
1250m 15:59.14 39.00	1300m 16:38.38 39.24	1350m 17:17.01 38.63	1400m 17:55.85 38.84	1450m 18:33.38 37.53	1500m 19:10.68 37.30		
36. Joshua Grange							
12 Bo Stockton	12 Bo Stockton	12 Bo Stockton	12 Bo Stockton	12 Bo Stockton	12 Bo Stockton	12 Bo Stockton	12 Bo Stockton
50m 32.94 32.94	100m 1:10.52 37.58	150m 1:48.78 38.26	200m 2:27.74 38.96	250m 3:06.56 38.82	300m 3:46.12 39.56	350m 4:25.18 39.06	400m 5:04.05 38.87
450m 5:43.20 39.15	500m 6:21.05 37.85	550m 6:59.23 38.18	600m 7:37.55 38.32	650m 8:16.12 38.57	700m 8:54.48 38.36	750m 9:33.05 38.57	800m 10:11.58 38.53
850m 10:50.38 38.80	900m 11:29.08 38.70	950m 12:08.56 39.48	1000m 12:46.99 38.43	1050m 13:25.77 38.78	1100m 14:04.51 38.74	1150m 14:43.34 38.83	1200m 15:22.23 38.89
1250m 16:01.94 39.71	1300m 16:40.61 38.67	1350m 17:19.78 39.17	1400m 17:58.46 38.68	1450m 18:37.27 38.81	1500m 19:14.77 37.50		
37. Callum Thorpe							
15 Derwentside	15 Derwentside	15 Derwentside	15 Derwentside	15 Derwentside	15 Derwentside	15 Derwentside	15 Derwentside
50m 33.75 33.75	100m 1:11.41 37.66	150m 1:50.11 38.70	200m 2:28.27 38.16	250m 3:07.27 39.00	300m 3:45.77 38.50	350m 4:24.98 39.21	400m 5:03.81 38.83
450m 5:43.19 39.38	500m 6:21.86 38.67	550m 7:00.40 38.54	600m 7:39.43 39.03	650m 8:19.02 39.59	700m 8:57.61 38.59	750m 9:36.76 39.15	800m 10:15.65 38.89
850m 10:54.86 39.21	900m 11:33.65 38.79	950m 12:12.59 38.94	1000m 12:51.75 39.16	1050m 13:30.50 38.75	1100m 14:09.17 38.67	1150m 14:48.59 39.42	1200m 15:27.48 38.89
1250m 16:07.07 39.59	1300m 16:45.95 38.88	1350m 17:24.66 38.71	1400m 18:03.07 38.41	1450m 18:41.80 38.73	1500m 19:18.83 37.03		
38. Alexander Gallagher							
15 Co Newcastle	15 Co Newcastle	15 Co Newcastle	15 Co Newcastle	15 Co Newcastle	15 Co Newcastle	15 Co Newcastle	15 Co Newcastle
50m 32.79 32.79	100m 1:09.51 36.72	150m 1:46.80 37.29	200m 2:24.43 37.63	250m 3:02.55 38.12	300m 3:40.91 38.36	350m 4:19.62 38.71	400m 4:58.40 38.78
450m 5:38.12 39.72	500m 6:17.60 39.48	550m 6:57.19 39.59	600m 7:36.70 39.51	650m 8:16.15 39.45	700m 8:55.41 39.26	750m 9:34.94 39.53	800m 10:14.53 39.59
850m 10:54.34 39.81	900m 11:33.71 39.37	950m 12:12.87 39.16	1000m 12:52.10 39.23	1050m 13:31.78 39.68	1100m 14:11.49 39.71	1150m 14:50.57 39.08	1200m 15:30.35 39.78
1250m 16:09.79 39.44	1300m - -	1350m 17:27.53 1:17.74	1400m 18:05.97 38.44	1450m 18:44.55 38.58	1500m 19:21.55 37.00		



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39. Leon Mills	13 Co Newcastle	19:24.98	+ 0.73	423					
50m 33.82	100m 1:11.49	150m 1:50.64	200m 2:29.63	250m 3:08.34	300m 3:47.10	350m 4:26.36	400m 5:04.65		
33.82	37.67	39.15	38.99	38.71	38.76	39.26	38.29		
450m 5:42.89	500m 6:22.22	550m 7:00.93	600m 7:40.62	650m 8:20.77	700m 9:00.40	750m 9:39.81	800m 10:20.07		
38.24	39.33	38.71	39.69	40.15	39.63	39.41	40.26		
850m 10:59.51	900m 11:39.25	950m 12:18.39	1000m 12:57.80	1050m 13:38.39	1100m 14:16.76	1150m 14:55.53	1200m 15:34.26		
39.44	39.74	39.14	39.41	40.59	38.37	38.77	38.73		
1250m 16:13.18	1300m 16:52.05	1350m 17:31.57	1400m 18:10.12	1450m 18:48.40	1500m 19:24.98				
38.92	38.87	39.52	38.55	38.28	36.58				
40. Connor Robinson	14 Durham City	19:27.03	+ 0.94	420					
50m 33.85	100m 1:11.17	150m 1:49.42	200m 2:28.06	250m 3:07.06	300m 3:46.18	350m 4:25.10	400m 5:04.41		
33.85	37.32	38.25	38.64	39.00	39.12	38.92	39.31		
450m 5:43.59	500m 6:22.91	550m 7:02.18	600m 7:41.67	650m 8:20.73	700m 9:00.00	750m 9:39.08	800m 10:18.67		
39.18	39.32	39.27	39.49	39.06	39.27	39.08	39.59		
850m 10:57.73	900m 11:36.94	950m 12:16.81	1000m 12:56.45	1050m 13:35.84	1100m 14:15.57	1150m 14:54.54	1200m 15:33.76		
39.06	39.21	39.87	39.64	39.39	39.73	38.97	39.22		
1250m 16:13.43	1300m 16:53.48	1350m 17:32.69	1400m 18:12.04	1450m 18:51.00	1500m 19:27.03				
39.67	40.05	39.21	39.35	38.96	36.03				
41. Daniel Rushton	17 Tynedale	19:28.33	+ 0.80	419					
50m 32.72	100m 1:10.03	150m 1:47.82	200m 2:25.95	250m 3:03.81	300m 3:42.18	350m 4:20.76	400m 4:59.75		
32.72	37.31	37.79	38.13	37.86	38.37	38.58	38.99		
450m 5:38.78	500m 6:18.17	550m 6:56.77	600m 7:36.14	650m 8:15.61	700m 8:54.82	750m 9:34.49	800m 10:14.43		
39.03	39.39	38.60	39.37	39.47	39.21	39.67	39.94		
850m 10:53.95	900m 11:33.73	950m 12:13.90	1000m 12:53.61	1050m 13:33.60	1100m 14:13.14	1150m 14:53.13	1200m 15:32.80		
39.52	39.78	40.17	39.71	39.99	39.54	39.99	39.67		
1250m 16:12.51	1300m 16:52.57	1350m 17:31.97	1400m 18:11.26	1450m 18:50.41	1500m 19:28.33				
39.71	40.06	39.40	39.29	39.15	37.92				
42. Josef Craig	15 South Tyne	7 19:38.62	+ 0.77	408					
50m 32.84	100m 1:09.68	150m 1:48.61	200m 2:26.93	250m 3:05.21	300m 3:43.75	350m 4:22.17	400m 5:01.86		
32.84	36.84	38.93	38.32	38.28	38.54	38.42	39.69		
450m 5:41.39	500m 6:21.03	550m 7:01.28	600m 7:41.63	650m 8:21.94	700m 9:01.69	750m 9:41.99	800m 10:21.50		
39.53	39.64	40.25	40.35	40.31	39.75	40.30	39.51		
850m 11:01.76	900m 11:42.16	950m 12:22.46	1000m 13:02.39	1050m 13:42.21	1100m 14:22.49	1150m 15:02.21	1200m 15:42.10		
40.26	40.40	40.30	39.93	39.82	40.28	39.72	39.89		
1250m 16:22.11	1300m 17:01.69	1350m 17:42.18	1400m 18:21.86	1450m 19:01.03	1500m 19:38.62				
40.01	39.58	40.49	39.68	39.17	37.59				
43. Patrick Cummins	12 Gates & Whick	19:41.33	+ 0.95	405					
50m 36.13	100m 1:15.18	150m 1:55.19	200m 2:35.19	250m 3:14.81	300m 3:54.92	350m 4:34.72	400m 5:14.32		
36.13	39.05	40.01	40.00	39.62	40.11	39.80	39.60		
450m 5:54.13	500m 6:33.48	550m 7:12.75	600m 7:52.33	650m 8:32.05	700m 9:10.96	750m 9:50.07	800m 10:29.52		
39.81	39.35	39.27	39.58	39.72	38.91	39.11	39.45		
850m 11:09.23	900m 11:48.68	950m 12:28.18	1000m 13:07.09	1050m 13:47.11	1100m 14:27.21	1150m 15:06.14	1200m 15:46.08		
39.71	39.45	39.50	38.91	40.02	40.10	38.93	39.94		
1250m 16:25.42	1300m 17:05.85	1350m 17:46.10	1400m 18:26.25	1450m 19:04.09	1500m 19:41.33				
39.34	40.43	40.25	40.15	37.84	37.24				
44. James Shackleton	13 Bo Stockton	19:47.62	+ 0.77	399					
50m 33.65	100m 1:12.49	150m 1:52.36	200m 2:32.28	250m 3:11.76	300m 3:51.82	350m 4:31.80	400m 5:12.53		
33.65	38.84	39.87	39.92	39.48	40.06	39.98	40.73		
450m 5:51.59	500m 6:30.87	550m 7:11.08	600m 7:50.51	650m 8:30.09	700m 9:10.27	750m 9:49.81	800m 10:30.09		
39.06	39.28	40.21	39.43	39.58	40.18	39.54	40.28		
850m 11:09.84	900m 11:49.84	950m 12:30.50	1000m 13:11.61	1050m 13:51.16	1100m 14:31.89	1150m 15:11.78	1200m 15:52.76		
39.75	40.00	40.66	41.11	39.55	40.73	39.89	40.98		
1250m 16:33.93	1300m 17:13.90	1350m 17:52.64	1400m 18:31.89	1450m 19:10.60	1500m 19:47.62				
41.17	39.97	38.74	39.25	38.71	37.02				
45. Joseph Taylor	12 Co Newcastle	19:53.74	+ 0.75	393					
50m 34.14	100m 1:11.96	150m 1:50.49	200m 2:29.26	250m 3:08.96	300m 3:48.33	350m 4:28.81	400m 5:08.95		
34.14	37.82	38.53	38.77	39.70	39.37	40.48	40.14		
450m 5:49.86	500m 6:30.37	550m 7:11.00	600m 7:51.62	650m 8:32.25	700m 9:13.13	750m 9:52.70	800m 10:32.66		
40.91	40.51	40.63	40.62	40.63	40.88	39.57	39.96		
850m 11:12.51	900m 11:52.63	950m 12:32.68	1000m 13:13.13	1050m 13:53.21	1100m 14:33.44	1150m 15:13.62	1200m 15:53.95		
39.85	40.12	40.05	40.45	40.08	40.23	40.18	40.33		
1250m 16:34.12	1300m 17:14.93	1350m 17:55.73	1400m 18:36.05	1450m 19:16.12	1500m 19:53.74				
40.17	40.81	40.80	40.32	40.07	37.62				
46. Nicholas Laverick	15 Derwentside	19:59.82	+ 0.75	387					
50m 33.95	100m 1:12.39	150m 1:52.48	200m 2:31.88	250m 3:12.08	300m 3:52.46	350m 4:33.34	400m 5:14.28		
33.95	38.44	40.09	39.40	40.20	40.38	40.88	40.94		
450m 5:54.79	500m 6:34.39	550m 7:15.17	600m 7:55.07	650m 8:36.38	700m 9:16.89	750m 9:58.22	800m 10:39.40		
40.51	39.60	40.78	39.90	41.31	40.51	41.33	41.18		
850m 11:20.28	900m 12:00.62	950m 12:40.84	1000m 13:21.65	1050m 14:02.22	1100m 14:42.35	1150m 15:23.64	1200m 16:02.63		
40.88	40.34	40.22	40.81	40.57	40.13	41.29	38.99		
1250m 16:42.55	1300m 17:23.11	1350m 18:04.11	1400m 18:44.59	1450m 19:24.89	1500m 19:59.82				
39.92	40.56	41.00	40.48	40.30	34.93				
47. Oliver King	14 Tynemouth	20:06.86	+ 0.67	380					
50m 35.99	100m 1:15.33	150m 1:55.01	200m 2:34.68	250m 3:14.23	300m 3:54.36	350m 4:34.50	400m 5:14.76		
35.99	39.34	39.68	39.67	39.55	40.13	40.14	40.26		
450m 5:55.12	500m 6:35.77	550m 7:15.81	600m 7:56.43	650m 8:36.68	700m 9:17.19	750m 9:57.23	800m 10:37.94		
40.36	40.65	40.04	40.62	40.25	40.51	40.04	40.71		
850m 11:18.06	900m 11:58.48	950m 12:38.87	1000m 13:19.36	1050m 13:59.82	1100m 14:40.50	1150m 15:21.32	1200m 16:02.14		
40.12	40.42	40.39	40.49	40.46	40.68	40.82	40.82		
1250m 16:42.85	1300m 17:23.88	1350m 18:04.92	1400m 18:46.26	1450m 19:26.86	1500m 20:06.86				
40.71	41.03	41.04	41.34	40.60	40.00				
48. Christopher Heppell	12 Newburn	20:07.72	+ 0.85	379					
50m 33.16	100m 1:10.01	150m 1:48.14	200m 2:27.44	250m 3:05.31	300m 3:45.58	350m 4:24.84	400m 5:04.10		
33.16	36.85	38.13	39.30	37.87	40.27	39.26	39.26		
450m 5:45.61	500m 6:25.72	550m 7:07.71	600m 7:48.77	650m 8:29.56	700m 9:11.34	750m 9:53.22	800m 10:33.55		
41.51	40.11	41.99	41.06	40.79	41.78	41.88	40.33		
850m 11:14.81	900m 11:56.04	950m 12:35.98	1000m 13:17.67	1050m 13:58.77	1100m 14:40.79	1150m 15:21.93	1200m 16:02.92		



**British Gas Northumberland & Durham
Distance Championships 2012
Aquatics Centre, Sunderland
25th February 2012
Licence No. CC2039**



	41.26	41.23	39.94	41.69	41.10	42.02	41.14	40.99
1250m	16:43.98	1300m 17:25.50	1350m 18:06.56	1400m 18:47.93	1450m 19:28.29	1500m 20:07.72		
	41.06	41.52	41.06	41.37	40.36	39.43		
49. John Kelly	15	Co Newcastle	20:21.87	+ 0.71	366			
50m	33.10	100m 1:10.04	150m 1:48.68	200m 2:27.80	250m 3:06.56	300m 3:46.04	350m 4:25.63	400m 5:05.99
	33.10	36.94	38.64	39.12	38.76	39.48	39.59	40.36
450m	5:46.23	500m 6:27.51	550m 7:08.98	600m 7:50.75	650m 8:32.85	700m 9:14.47	750m 9:57.26	800m 10:39.19
	40.24	41.28	41.47	41.77	42.10	41.62	42.79	41.93
850m	11:21.16	900m 12:03.72	950m 12:46.88	1000m 13:29.39	1050m 14:12.26	1100m 14:54.94	1150m 15:37.20	1200m 16:19.57
	41.97	42.56	43.16	42.51	42.87	42.68	42.26	42.37
1250m	17:00.32	1300m 17:41.37	1350m 18:22.26	1400m 19:03.28	1450m 19:42.41	1500m 20:21.87		
	40.75	41.05	40.89	41.02	39.13	39.46		
50. Jay Manners	12	Durham City	20:24.15	+ 0.80	364			
50m	35.77	100m 1:15.07	150m 1:55.69	200m 2:35.64	250m 3:16.48	300m 3:57.56	350m 4:38.92	400m 5:20.26
	35.77	39.30	40.62	39.95	40.84	41.08	41.36	41.34
450m	6:01.67	500m 6:42.49	550m 7:23.75	600m 8:05.06	650m 8:46.58	700m 9:27.91	750m 10:09.45	800m 10:50.58
	41.41	40.82	41.26	41.31	41.52	41.33	41.54	41.13
850m	11:31.94	900m 12:13.24	950m 12:54.79	1000m 13:35.88	1050m 14:17.26	1100m 14:58.05	1150m 15:39.58	1200m 16:20.52
	41.36	41.30	41.55	41.09	41.38	40.79	41.53	40.94
1250m	17:01.90	1300m 17:42.78	1350m 18:23.97	1400m 19:04.87	1450m 19:45.35	1500m 20:24.15		
	41.38	40.88	41.19	40.90	40.48	38.80		
51. Matthew Wind	16	Tynemouth	20:26.84	+ 0.94	362			
50m	33.27	100m 1:10.88	150m 1:49.36	200m 2:28.73	250m 3:08.42	300m 3:48.40	350m 4:28.71	400m 5:09.62
	33.27	37.61	38.48	39.37	39.69	39.98	40.31	40.91
450m	5:50.30	500m 6:31.38	550m 7:12.82	600m 7:54.27	650m 8:35.54	700m 9:17.68	750m 9:59.30	800m 10:41.74
	40.68	41.08	41.44	41.45	41.27	42.14	41.62	42.44
850m	11:23.90	900m 12:06.52	950m 12:48.29	1000m 13:30.53	1050m 14:12.58	1100m 14:54.93	1150m 15:36.91	1200m 16:18.94
	42.16	42.62	41.77	42.24	42.05	42.35	41.98	42.03
1250m	17:00.95	1300m 17:42.92	1350m 18:24.50	1400m 19:06.59	1450m 19:46.97	1500m 20:26.84		
	42.01	41.97	41.58	42.09	40.38	39.87		
52. Joseph Martin	11	Gates & Whick	21:02.26	+ 0.77	332			
50m	35.44	100m 1:15.83	150m 1:56.55	200m 2:38.38	250m 3:20.71	300m 4:02.00	350m 4:45.06	400m 5:27.37
	35.44	40.39	40.72	41.83	42.33	41.29	43.06	42.31
450m	6:10.04	500m 6:51.42	550m 7:34.77	600m 8:15.29	650m 8:59.23	700m 9:42.36	750m 10:24.89	800m 11:08.57
	42.67	41.38	43.35	40.52	43.94	43.13	42.53	43.68
850m	11:51.58	900m 12:34.79	950m 13:18.12	1000m 14:00.47	1050m 14:43.39	1100m 15:26.85	1150m 16:08.54	1200m 16:51.25
	43.01	43.21	43.33	42.35	42.92	43.46	41.69	42.71
1250m	17:34.67	1300m 18:18.16	1350m 19:01.18	1400m 19:41.71	1450m 20:22.74	1500m 21:02.26		
	43.42	43.49	43.02	40.53	41.03	39.52		
Brad Reynolds	13	Gates & Whick	DNF					
Reece Hindmarsh	16	Newburn	DNF					

Multi-Disability by British Disability Points

Multi-Disability by British Disability Points										
Place	Name	AaD	Club	Cat.	Time	R.T.	BDPoints			
1.	Josef Craig	15	South Tyne	7	19:38.62	+ 0.77	1042			
	50m	32.84	100m 1:09.68	150m 1:48.61	200m 2:26.93	250m 3:05.21	300m 3:43.75	350m 4:22.17	400m 5:01.86	
		32.84	36.84	38.93	38.32	38.28	38.54	38.42	39.69	
	450m	5:41.39	500m 6:21.03	550m 7:01.28	600m 7:41.63	650m 8:21.94	700m 9:01.69	750m 9:41.99	800m 10:21.50	
		39.53	39.64	40.25	40.35	40.31	39.75	40.30	39.51	
	850m	11:01.76	900m 11:42.16	950m 12:22.46	1000m 13:02.39	1050m 13:42.21	1100m 14:22.49	1150m 15:02.21	1200m 15:42.10	
		40.26	40.40	40.30	39.93	39.82	40.28	39.72	39.89	
	1250m	16:22.11	1300m 17:01.69	1350m 17:42.18	1400m 18:21.86	1450m 19:01.03	1500m 19:38.62			
		40.01	39.58	40.49	39.68	39.17	37.59			
2.	Matthew Wylie	15	Co Sund'land	9	18:53.48	+ 0.87	749			
	50m	33.08	100m 1:10.37	150m 1:48.05	200m 2:25.44	250m 3:03.06	300m 3:41.16	350m 4:18.67	400m 4:56.54	
		33.08	37.29	37.68	37.39	37.62	38.10	37.51	37.87	
	450m	5:34.72	500m 6:12.10	550m 6:49.65	600m 7:27.64	650m 8:06.05	700m 8:45.62	750m 9:24.53	800m 10:03.29	
		38.18	37.38	37.55	37.99	38.41	39.57	38.91	38.76	
	850m	10:40.69	900m 11:18.67	950m 11:56.62	1000m 12:35.13	1050m 13:13.34	1100m 13:51.46	1150m 14:29.45	1200m 15:07.93	
		37.40	37.98	37.95	38.51	38.21	38.12	37.99	38.48	
	1250m	15:46.07	1300m 16:23.74	1350m 17:01.83	1400m 17:39.52	1450m 18:17.04	1500m 18:53.48			
		38.14	37.67	38.09	37.69	37.52	36.44			